

EASTER TIME IN BUN BUN LAND

It's Easter time in the Land of Awesome. The Bun Buns have a great Easter tradition: they eat lots of good food. What do you eat for Easter?

GAME TASKS

&
TIPS FOR TEACHERS
IN TF-EXTRA
ACTIVITY TIPS

DIETARY RESTRICTIONS¹

Unfortunately, not every person can eat every food. Some people have allergies or **intolerances**², and some people choose not to eat some foods. For example, vegetarians don't eat any meat, not even fish. And someone who has a **peanut**³ allergy can't eat peanuts or they could die. Do you have any dietary restrictions?



TASK

What dietary restrictions do these Bun Buns have? Read the text and write the correct words from the box.

lactose⁴ intolerant **celiac disease**⁵ allergy

KINGSTON

"I love sweet things, but I can't eat a lot of them. I have _____. That means I can't eat **gluten**⁶. Gluten is mostly in bread, pasta and lots of sweet things like cakes and biscuits. If I eat it, I become very ill. There are special **gluten-free**⁷ foods I can eat, but they don't **taste**⁸ very good."

WREN

"Does this food have eggs in it? I can't eat eggs. I have an egg _____. Eggs are very dangerous (= nebezpečný) for me. If I eat them, I become very, very ill, very quickly. I can get a **rash**⁹ on my body, stop **breathing**¹⁰, and even die. If I eat an egg, get ready to call the hospital!"

LOLA

"I don't want any milk, thanks. I'm _____. I'm not allergic to milk, but if I eat or drink any milk products, I get a **stomach ache**¹¹. The worst part is that I get horrible **stinky**¹² **wind**¹³. Don't give me any milk if you don't want to **smell**¹⁴ it."



CLASS CHAT

- Do you have any dietary restrictions?
- Do you have any allergies?

VOCABULARY

- | | |
|--|--|
| 1 dietary restriction
['daɪətəri ri'strɪkʃn]
dietní omezení | 7 gluten-free – bezlepkový |
| 2 intolerance [ɪn'tɒlərəns]
nesnášenlivost | 8 to taste [teɪst] chutnat,
mít chuť |
| 3 peanut ['pi:nʌt] arašíd,
burský oříšek | 9 rash [ræʃ] vyrážka |
| 4 lactose ['læktəʊs]
laktóza, mléčný cukr | 10 to breathe [brɪ:ð] dýchat |
| 5 celiac disease ['si:liæk
dɪzi:z] celiakie | 11 stomach ache ['stʌmək
eɪk] bolest žaludku,
bolení břicha |
| 6 gluten ['glu:tɪn] lepek | 12 stinky ['stɪŋki]
zapáchající, smradlavý |
| | 13 wind [wɪnd] plyn |
| | 14 to smell [smel] (u)cítit |